**ABSTRACT**

**PERSONAL ASSISTANCE FOR SENIOR’S WHO ARE SELF-RELIANT**

There has been an increase in the percentage of aging population in our country, which has implications in all sectors from workforce, housing and care needs. The aim of this project is to improve the healthcare and the quality of life for senior citizens and helping them live self-sufficiently at their own accommodation by developing a telehealth system that effectively communicates and monitors the daily needs of the senior citizens. In doing so, the burden from the healthcare system and the care-homes will be eased. This approach has a user-friendly application for the elderly to notify the care-home of their daily needs. The details of the senior citizens profile are stored in a cloud based database, hence the care coordinator can receive the notification, monitor the details.The developed system has a simple process that offers human interaction with an assistive technology created to make the life of senior citizens easy and independent.